



Ciao Iza-belle!

Ciao from Florence! A place that represents love and spirit to me...
But yes, I am still on the hunt for the perfect **gluten-free** Panini!

When I tell people that Italy is my favorite place,
They all of the sudden make a weird face!

They ask - "well what do YOU eat in Italy?"
The answer every time is "everything you do- it's just **gluten-free!**"

Roaming the streets of Italy, especially Florence, is always fun...
Especially finding pizza, pasta, or of course, a **gluten-free** bun.

Whether you are on the hunt for gelato or a panini,
This adds light, fun, and curiosity to any Italy journey!

I stumbled upon an empty road, where I saw a group of people ahead...
Ah! It was 'Salumeria Verdi Pino's, Panini and bread!'

I can hands down say this sandwich was the best one I ever had...
When I showed my family a picture, they were pretty jealous and mad!

I would be lying if I said I didn't order two more...
I basically rolled my way out of the panini store door!

For someone who has been to Florence quite a few times,
I did not think this street existed, as next door had the most-fine wines!

A **gluten-free** person is always up to explore,
Especially knowing there are always new options in store.

This is what makes traveling extra fun for a **gluten-free** girl like me,
When I find a new yummy place, I am very grateful and happy!

My advice to you is to always look out for a **gluten-free** place to sit and eat,
Whether you are in a small or big place, there is always an extra seat.